TRINITY SCHOOL
AT RIVER RIDGE

**601 River Ridge Parkway, Eagan, MN 55121-2499**

# School Medication Information

Students occasionally need to take prescription or non-prescription medication while they are at school. To help ensure that students receive the needed medication, and that the medication is not misused, Trinity School at River Ridge follows Independent School District 196/State of Minnesota guidelines for administration of medication. These guidelines include the following:

1. All prescription medications (with the exception of emergency medications such as inhalers, Epi-pens and insulin) must be kept in the health office and administered by the school nurse or other appropriate school personnel.
2. All nonprescription medications (with the exception of 7th-12th grade possession of nonprescription pain relief) must be kept in the health office and administered by the school nurse or other appropriate school personnel.
3. Written authorization from a student's parent or guardian, and the medication in the original prescription or non-prescription bottle or container, is required before the school nurse or other appropriate personnel will give the student the medication.
4. If a prescription or non-prescription medication is to be given **for more than two weeks** or is a narcotic pain medication, **a written order from a physician or dentist** must be provided to the school using the Medication Permission Form: *Authorization for Administration of Prescription Medication at School* or other appropriate documentation. This form must be received **before** the medication is administered.
5. If a parent prefers, a student may **self-carry/administer** the following prescription medications; **Inhalers, EpiPens, Insulin** and **Benadryl.** Please provide the Self-Medication form: *Inhaler, Epi-pen, insulin and/or other emergency medication* with parent and provider signature and update by the date noted by the physician.
6. If prescription medication remains in the nurse's office after the end of a school year or when the student is no longer attending the school, the nurse will contact the student's parent or guardian to pick up the medication. **If the medication is not picked up within 30 days of the date of notification, it will be destroyed.**

**Non-prescription Pain Relief** (i.e. Ibuprofen, Tylenol) may be self-carried and administered by 7-12th grade students at school with written parental permission (on the General Permission Form) and a written consent with parental signature kept with the medication. (This section does not apply to the possession or use of any drugs or product containing *ephedrine or pseudoephedrine* as an active ingredient.)

Permission to self-carry is not applicable to 6th grade students, though parents may choose to keep non-prescription pain medication in the nurse's office for any student if parent/guardian prefers. **The Trinity School Nurse's Office does not stock or supply pain relief medication for students.**

**When giving permission for a student in grades 7-12 to possess and use non-prescription pain relief, the parent or guardian agrees to the following:**

1. The medication must be in its original container.
2. The student is knowledgeable in the proper dosage, use and administration of the medication in a manner consistent with its labeling.
3. If school administration determines these rules have been abused, the school may revoke this privilege.
4. The student may not possess pain relievers containing ephedrine or pseudoephedrine, and
5. The student cannot share the medication with other students.

## Student Health Conditions

Students with a health condition that could result in emergency (**i.e. Asthma, Diabetes, severe allergy, or seizures**) please provide a *School Action Plan*. This is a document from your student's clinic. If your student will self-carry/administer their medication please also submit the Self-Medication form: *Inhaler, Epi-pen, insulin and/or other emergency medication* with your signature and physician's signature, and update by the date noted by your physician.

Emergency medications kept in the school health office must be accompanied by the Medication Permission Form: *Authorization for Administration of Prescription Medication at School.*

## Helpful Guidelines for School Health

- Fever of 100.4 or greater students should stay home for 24 hours after the temperature returns to normal.
- Vomiting or diarrhea: stay home 24 hours past the last episode.
- Rash - that could be disease-related or unknown, check with your physician before attending school.
- Communicable disease (i.e. strep, influenza, COVID, etc.) please report this to the appropriate dean. If prescribed antibiotics, stay home from school for 24 hours past the first dose.

All medications, permission forms of consent and physician instructions **end at 3:00 p.m. on the last day of the school year.**

These guidelines can also be found in both the Trinity School Parent and Student Handbooks.

If you have any concerns or questions regarding medications for your student during the school day, please contact the Trinity School Nurse.