



TRINITY SCHOOL

AT RIVER RIDGE

601 River Ridge Parkway, Eagan, MN 55121-2499

Medications

Students occasionally need to take prescription or non-prescription medication while they are at school. To help ensure that students receive the needed medication, and that the medication is not misused, Trinity School at River Ridge follows Independent School District 196/State of Minnesota guidelines for administration of medication. These guidelines include the following:

1. With the exception of inhalers, epi-pens, and insulin, all **prescription** medication and non-prescription **ephedrine**s (ie: Sudafed) must be kept in the school nurse's office and must be administered by the school nurse or other appropriate school personnel.
2. Written authorization from a student's parent or guardian, and medication in an original prescription or non-prescription bottle or container, is required before the school nurse will give a student prescription or non-prescription medication.
3. If a prescription or non-prescription medication is to be given **for more than two weeks** or is a narcotic pain medication, a **written order from a physician or dentist** must be provided to the school using the Authorization for [Administration of Prescription Medication at School](#) form or other appropriate documentation. This form must be received **before** the medication is administered.
4. If a parent prefers, a student may **self carry/administer** the following prescription medications; **Inhalers, Epi-pens and Insulin**. Please provide the form [Inhaler, Epi-pen, or insulin at school](#) with parent and provider signature and update by the date noted by the physician.
5. If prescription medication remains in the nurse's office after the end of a school year or when the student is no longer attending the school, the nurse will contact the student's parent or guardian to pick up the medication. **If the medication is not picked up within 30 days of the date of notification, it will be destroyed.**

Non-prescription PAIN RELIEVER medication (ie: Ibuprofen, Tylenol) may be self-carried by 7-12th grade students at school with written parental permission (on the General Permission Form) and a written consent with parental signature kept with the medication. Permission to self carry is not applicable to 6th grade students, though parents may choose to keep non-prescription medication in the nurse's office for any student if parent/guardian prefers. **The Trinity School Nurse's Office does NOT stock or supply over-the-counter pain relievers to students.**

-See reverse side-

Student Health Conditions

Students with a health condition that could result in emergency (i.e. **Asthma, Diabetes, severe allergy, or seizures**) please provide a *School Action Plan*. This is a document from your student's clinic. If your student will self-carry/administer their medication please also submit Trinity form [Inhaler, Epi-pen or insulin at School](#) with your signature and physician's signature, and update by the date noted by your physician.

Emergency medications kept in the school health office must be accompanied by the form [Authorization for Administration of Prescription Medication at School](#).

Helpful Guidelines for School Health

- Fever of 100.4 or greater students should stay home for 24 hours after the temperature returns to normal.
- Vomiting or diarrhea - stay home 24 hours past last episode.
- Rash - that could be disease related or unknown, check with your physician before attending school.
- Communicable disease (ie. strep, influenza, COVID, etc.) please report this to the appropriate dean. If prescribed antibiotics, stay home from school for 24 hours past first dose.

All medications, permission forms of consent and physician instructions **end at 3pm on the last day of the school year.**

These guidelines can also be found in the Trinity School Parent and Student Handbooks.

If you have any concerns or questions regarding medications for your student during the school day, please contact the Trinity School Nurse.